

## **PSYCHOSOCIAL SUPPORT SERVICES (NUTRITIONAL ASSESSMENTS) STANDARDS OF CARE**

### **HRSA DEFINITION**

The provision of support and counseling activities, child abuse and neglect counseling, HIV support groups, pastoral care, caregiver support, and bereavement counseling. Includes nutrition counseling provided by a non-registered dietitian but excludes the provision of nutritional supplements.

### **DSHS DEFINITION**

The provision of support and counseling activities, including alternative services (e.g., visualization, massage, art, music, and play), child abuse and neglect counseling, HIV support groups, pastoral care, recreational outings, caregiver support, and bereavement counseling. Includes other services not included in mental health, substance abuse or nutritional counseling that are provided to clients, family and household members, and/or other caregivers and focused on HIV-related problems.

### **LOCAL DEFINITION**

The provision of support and counseling activities, including alternative services, child abuse and neglect counseling, HIV support groups, pastoral care, recreational outings, caregiver support, and bereavement counseling. Includes other services not included in mental health, substance abuse, or nutritional counseling that are provided to clients, family and household members, and/or other caregivers and focused on HIV-related problems.

*Psychosocial Support Services in the North Central Texas region are specifically directed to support Nutritional Assessment and/or Non-Professional Counseling*

### **GOAL**

The overall goal of Nutritional Assessment and Counseling is to provide nutritional education, assessment, and counseling to persons living with HIV/AIDS in order to:

- i) assist clients in maintaining treatment regimens;
- ii) assist clients in remaining in primary medical care; and, improve overall client wellness and quality of life.

This service is to help clients use food products in the best way possible to maintain or improve health and to maximize the health benefits.

### **REGIONAL SPECIAL INSTRUCTIONS (Nutritional Assessments)**

#### **STANDARD OF CARE**

- 1) Clients must be referred into the program for a nutritional assessment by their primary care provider.
- 2) Program staff must be trained to perform nutritional assessments.
- 3) Program staff must develop individualized nutrition plans for each client that is both measurable and applicable to the underlying clients needs.



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### **OUTCOME OBJECTIVES**

#### **UNIT OF SERVICE**

Units of service are determined by the Administrative Agency (Tarrant County Public Health) in accordance with guidance from Federal and State authorities.